



# SILVER TUESDAY

## Therapeutic treatments for over 60s

Ladies First, Gentlemen by recommendation.



### **Set Treatment List**

60 minute Therapeutic back-neck-shoulders massage  
with arms and legs for only £45

60 minute clothes on Reflexology with optional arms?  
head/neck massage for only £45

90 minute Therapeutic full body massage  
with reflexology for only £72

T&C apply. If you would like different treatment from the set treatment list it is possible for full price.





# SILVER TUESDAY



Are you over 60 and feeling like you're slowing down?  
Silver Tuesday is here to help.

As we get older, it's easy to feel like your body is letting you down. But that doesn't have to be the case!

Silver Tuesday is a new initiative from Relax-therapy that helps you feel younger and healthier again.

We know that as your body ages, it can become more difficult to move around and do the things you need to do every day.

Our Silver Tuesday service aims to improve your mobility and help you feel better than ever before.

Our treatments were designed with the needs of women over the age of 60 in mind, and it has helped many women just like you achieve their goals.

Contact Beata today to learn more about how she can help you or take action and let's book you an appointment by [clicking here](#).

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